



PERMISSION FORM

Secondary College Camps

STUDENT NAME: _____

YEAR LEVEL: _____

Return medical form to Secondary College office by **MONDAY 23rd, MARCH, 2020**

Camp Information

<u>Camp Title:</u> <i>Canberra Trip</i>	<u>Year Level:</u> <i>Seven</i>
<u>Teachers and Staff Attending:</u> Miss Melissa Mammarella, Mr Bevan Loader, Mrs Jae Marsh, Ms Moana Moore, Mrs Coleen Doble, Miss Jamie Marshall, and Mr Ishmael Alopa	
<u>Camp Details</u> <ul style="list-style-type: none">• <i>Dates:</i> Sunday 2nd August – Saturday 8th August• <i>Transport Details:</i> Plane and bus• <i>Accommodation:</i> Ibis Styles Canberra (Canberra), Acacia Snowy Motel (Jindabyne) and Sydney Harbour YHA (Sydney)	

Camp Medical Form

I submit the following medical information about the above student and include details of limitations which he/she has.

MEDICAL PROBLEM		DETAILS AND/OR CURRENT MEDICATION/MANAGEMENT
Allergies	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Asthma	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Blood Pressure	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Drug Reaction	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Epilepsy	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Heart Problems	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Operations	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Phobias	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Recent Illness	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Respiratory Problems	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Travel Sickness	<input type="checkbox"/> YES <input type="checkbox"/> NO	

IMMUNISATION RECORD		
Tetanus	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:
HEP B	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date:
Other	<input type="checkbox"/> YES <input type="checkbox"/> NO	Date and Details:

MEDICARE CARD DETAILS		
Card #:		Expiry Date:

PRIVATE HEALTH INSURANCE		
Insurer:	Card #:	Expiry Date:

EMERGENCY CONTACT DETAILS		
Name	Contact Number	Relationship to Student

I also provide the following information regarding my child which I feel will be relevant during College activities:

DECLARATION
<i>I agree to delegate my authority to the Calvary Christian College Staff Member in charge and hereby authorize the obtaining of medical assistance as required in the case of my child being involved in an accident or illness.</i>

Parent Name: _____

Parent Signature: _____ Date: _____

JACKET SIZE										
Students will be given a Canberra Jacket that they must bring to camp and wear while out in public. Please select a size for your child and take into consideration that they may be wearing an extra layer underneath and/or may have a growth spurt before the trip. If unsure of sizing, students can come and try on jackets to find the size they need.										
Size: _____										
	Kids Sizes			Adult Sizes						
Size	8-10K	10-12K	12-14K	XS	S	M	L	XL	2XL	3XL
Half chest	49.0cm	52.0cm	55.0cm	58.0cm	62.0cm	65.0cm	68.0cm	71.0cm	74.0cm	77.0cm
Body Length	60.0cm	65.0cm	70.0cm	72.0cm	75.0cm	78.0cm	81.0cm	84.0cm	87.0cm	90.0cm

CANBERRA TRIP PACKING LIST 2020

PLEASE LABEL ALL ITEMS

Luggage

- ☐ 1 Medium size suitcase or soft bag
- ☐ 1 Day pack- small backpack

Clothing

- ☐ 6 x complete day outfits (including warm jumpers/jackets and warm pants.)
- ☐ Calvary Trip Jacket
- ☐ Layers to wear underneath ski clothes (leggings, track pants, singlets, long sleeved shirts, thermals)
- ☐ 2 x Calvary Christian College Sport Shirts for travel and Parliament House
- ☐ Hat
- ☐ Beanie
- ☐ 6 x Underwear + Spares
- ☐ Warm Pyjamas
- ☐ 6 x Pairs of Socks + Spares (Extra thick socks will be needed for skiing)
- ☐ Shoes (Joggers/Boots) + Pluggers (for Showering)
- ☐ Snow Gloves - must be water proof

Toiletries

- ☐ Shower Gel/Soap
- ☐ Shampoo & Conditioner
- ☐ Toothpaste & Toothbrush
- ☐ Female Sanitary Items
- ☐ Tissues
- ☐ Hair Brush/Comb
- ☐ Hair Bands/Clips
- ☐ Lip Balm (for wind burn)
- ☐ Deodorant
- ☐ Band-aids (for Blisters from Skiing)
- ☐ Sun Cream

Extras

- ☐ Notepad and Pens
- ☐ Canberra Tour Booklet
- ☐ Plastic Bags (for dirty/wet clothing)
- ☐ Reusable green recycling grocery bag (label with name, to store snow boots in on ski days)
- ☐ Sunglasses/Ski Goggles for snow
- ☐ Medication
- ☐ Reading Book, Small Board Games, Cards
- ☐ Water Bottle
- ☐ Camera
- ☐ Lollies/Chocolates to eat when Skiing